**Changes: From Fear to Trust**

**Discussion Guide**

**April 29/30, 2017**

**For Fun**

Where would you rate yourself on a scale from 1-10 for fear to courage?

10 being I am the most courageous person that has walked the planet!

When you are afraid what is your natural tendency?

Do you have any irrational fears like Doug W has of snakes?

When are you most likely to become afraid?

Are there any benefits of fear? Ex. Keeps you safe from danger

**Dig In**

When you think of the disciples is your first thought men of courage or men of fear? Why?

**Read Acts 3:12-26**

What strikes you from this event?

What do you think gave Peter such courage?

When Jesus promised the Holy Spirit to the disciples that same power, strength and direction is also promised to all followers of Jesus. Knowing this how might that change our faith and actions?

What experiences in your life have given you greater trust in God?

**Read Acts 4:1-13**

What strikes you from this event?

What can we learn from this event?

The council recognized they were ordinary men that spent time with Jesus. How might that encourage us in our faith?

**Now What?**

Is there an area in your life where it is difficult to trust God?

What is your next step to move from fear to trust?

Pray together