



Discussion Guide for 11/4/2017 (Kryptonite—Amnesia)

Opener:

- Can anyone think of a movie other than “50 First Dates” that dealt with amnesia?
- In this 5-part series, the Kryptonites have been Solo Hero, Fear, Dabbling, the Couch, and Amnesia. Pretend it is a 9 or 10 part series and name some more Kryptonites that could have been discussed.

Deeper Sharing:

- Would someone like to share about a loved one who has suffered from memory loss or amnesia? Describe your emotional response (fear, frustration, etc.). What were some lessons you learned through that ordeal?
- Would someone be willing to share about a season of spiritual amnesia? Doug said that 3 of the things we are prone to forget are: (1) I am forgiven; (2) I am a child of God, and (3) I am chosen. Was your spiritual amnesia (kryptonite) experience tied to one of these, or was it something else? Explain... How did it all work out?

Word of God:

Read 2 Peter 1:3-9.

- One of the passages undergirding the whole Superhero/Kryptonite series is 2 Peter 1:3. What does the verse state that makes it so important to our identity and mission?
- Verses 5-7 are like a spiritual growth chart. It begins with saving faith, and we reach full spiritual maturity when we have love for everyone. As we commit ourselves to growing spiritually, what is the result (v. 8)?
- What causes us to fail to “develop in this way” (v. 9)?
- In light of this passage, how big a deal is forgetting (kryptonite of amnesia)? What do we stand to lose when we forget? What do we gain when we remember? Discuss...

Read Psalm 103:1-18, taking note of all of the “benefits” of walking with God.

- In v. 3, David hopes he never forgets these benefits.
- What would it look if we made our own list of the benefits of following God? Ask for people to share (in short phrases like in Ps. 103) some of the benefits of following God they have experienced in their own lives.
- In light of this passage, what do we stand to *lose* when we forget? What do we *gain* when we remember? Discuss...
- John Piper said, “*One of the great enemies of hope is forgetting God’s promises.*” Why is forgetting so easy, so subtle?

Read Hosea 13:4-6.

- In v. 6, what 2 things preceded forgetting God?
- D.L. Moody said, “*We can stand affliction better than we can prosperity, for in prosperity we forget God.*” Why is it easier to forget God when things are going great?

Moving Forward:

- Doug said that taking time out to read the Bible, pray, and journal is a great way to remember who God is and who we are. Can you think of any other ways?
- Is anyone sensing the need to make a deeper commitment right now? Share...
- How can we help each other to not forget God?